

PARTNERS IN HEALTH
STATE TRIBAL RELATIONS EVENTS 2018

Meth and Opioid Abuse Prevention Efforts

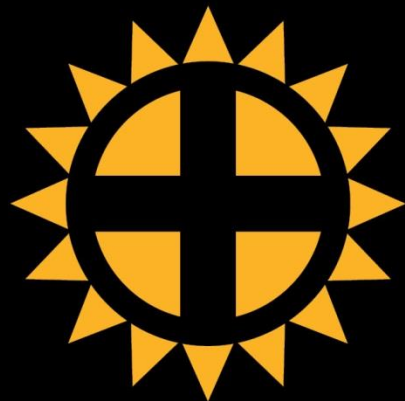
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Prescription Drugs/Opioids in South Dakota

Departments of Health and Social Services

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Drug Abuse in South Dakota

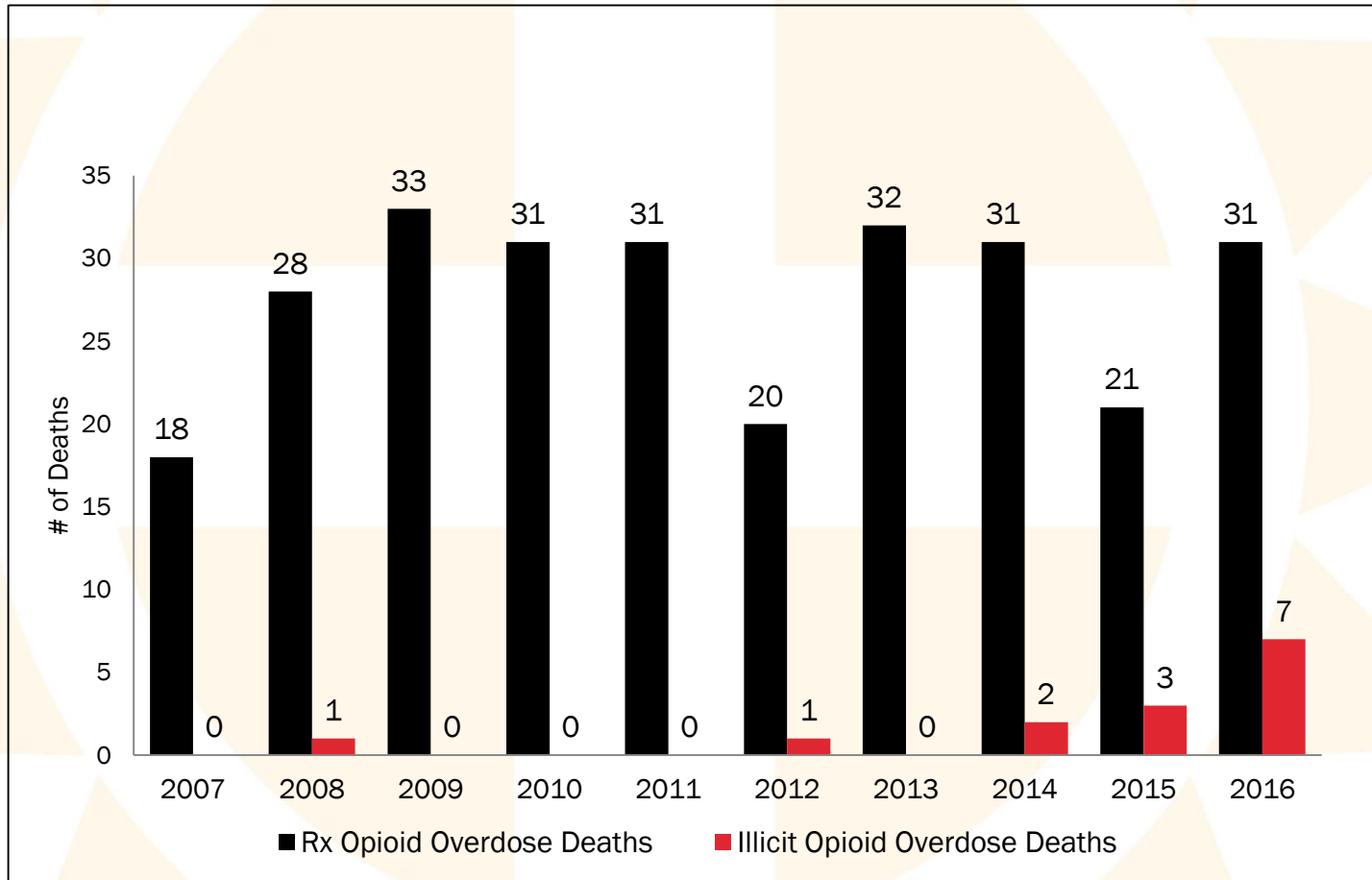
South Dakota ranked **2nd lowest** in the nation for age-adjusted rate of drug overdose deaths per 100,000 in 2016 (*NCHS Data Brief No. 294/Dec 2017*)

- 2016 – 8.4 (69 deaths) (U.S. rate – 19.8)
- 2015 – 8.4 (65 deaths) (U.S. rate – 16.3)
- 2014 – 7.8 (63 deaths) (U.S. rate – 14.7)
- 2013 – 6.9 (55 deaths) (U.S. rate – 13.8)

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South Dakota Opioid Deaths



South Dakota Department of Health Vital Statistics



Prescription Drugs/Opioids in SD

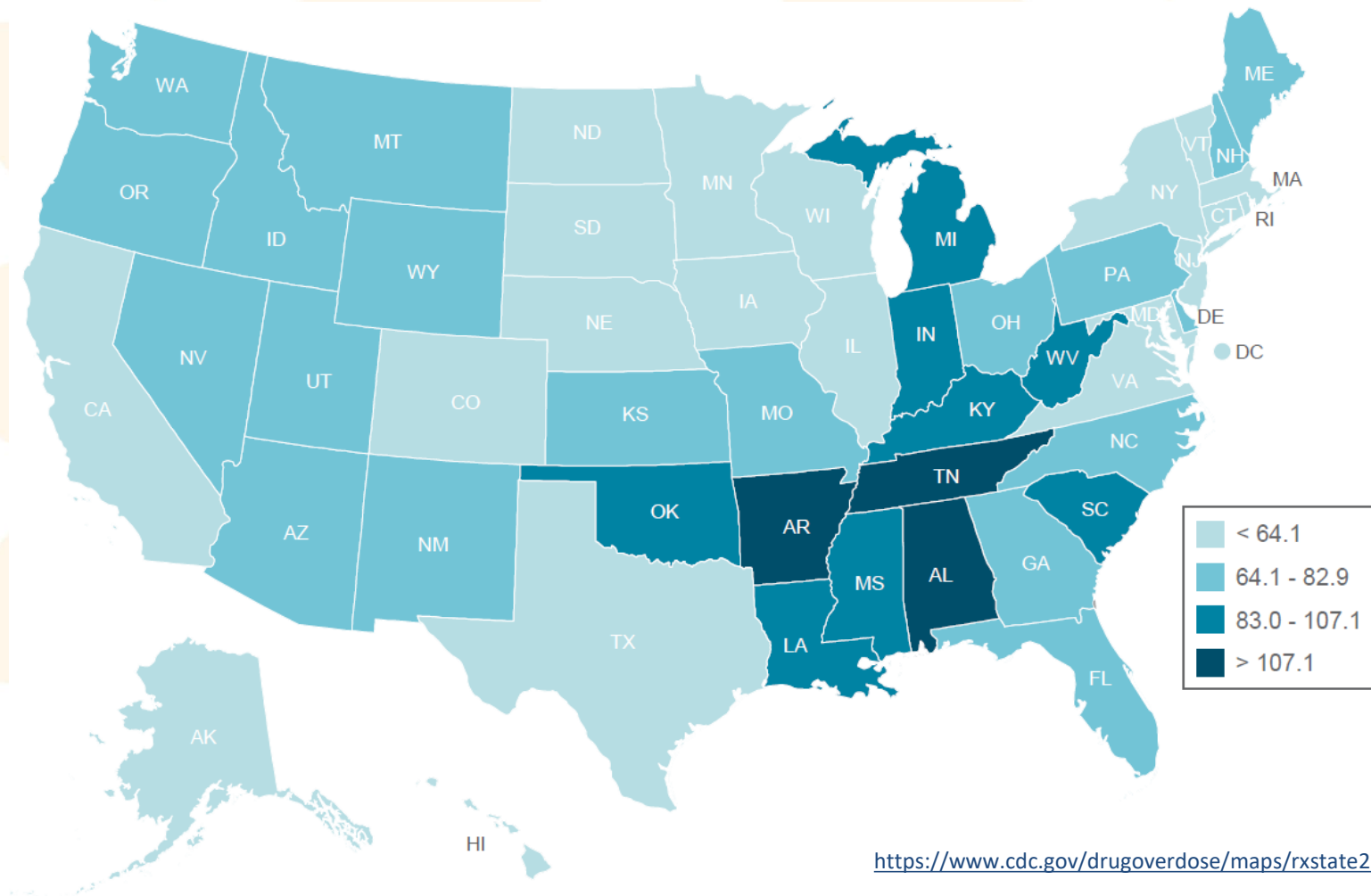
South Dakota has the **9th lowest** number of opioid painkiller prescriptions per 100 people in 2016 at 54.8 vs. 66.5 nationally
(www.cdc.gov/drugoverdose/maps/rxrate-maps.html)

- Compares to 2015 rate of 59.1 for SD vs. 70.6 for U.S. and 2014 rate of 61.7 for SD vs. 75.6 for U.S.
- Enough doses of opiates were prescribed to South Dakotans in 2015 to medicate every SD adult around-the-clock for 19 straight days

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United States Opioid Prescribing Rates - 2016





Recent Activities

Assistance to Prescribers

- Opioid Prescribing Guidelines for Chronic, Non-Cancer Pain
- Prescription Drug Monitoring Program (PDMP) enhancements

Legislation

- Good Samaritan statute for drug overdose situations/Naloxone distribution for first responders
- Legislative Summer Study – 2016
 - SB 1 – requires prescribers with controlled substance registrations to be enrolled in PDMP
 - SB 4 – requires reports to Health & Human Services Committees on PDMP

Federal Funding

- CDC Prescription Drug Overdose: Data-Driven Prevention Initiative (DOH)
- SAMHSA State Targeted Response (STR) Grant (DSS)



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Prescription Opioid Abuse Advisory Committee

Tom Martinec, South Dakota Department of Health, Chair

Kristen Bunt, South Dakota Association of Healthcare Organizations

Sara DeCoteau, Sisseton-Wahpeton Oyate of the Lake Traverse Reservation

Maureen Deutscher, Family Representative

Chris Dietdrich, MD, South Dakota State Medical Association

Margaret Hansen, South Dakota Board of Medical & Osteopathic Examiners

Amy Hartman, Volunteers of America - Dakotas

Amy Iversen-Pollreisz, South Dakota Department of Social Services

Steve Lee, South Dakota Pharmacy Association

Jon Schuchardt, Great Plains Indian Health Services

Kari Shanard-Koenders, South Dakota Board of Pharmacy

Senator Jim White, Huron

Brian Zeeb, South Dakota Office of Attorney General



Needs Assessment

- Requirement of both the CDC and SAMHSA grant
- Purpose is to inform the strategic plan to address opioid abuse and misuse
- Assessment included reviews of death certificate data, hospitalization data and of PDMP data
- Assessment also included stakeholder surveys
 - Medical and dental providers
 - Pharmacists
 - Criminal justice
 - Substance use disorder counseling and treatment agencies



Key Findings from Needs Assessment

Assistance to Prescribers

- Reinforce evidence-based prescribing practices
- Integrate PDMP into electronic health records
- Train medical and criminal justice personnel to use PDMP reports
- Increase communication among health care practitioners
- Provide continuing education and training of health care professionals

Public Awareness

- Facilitate prevention program and public awareness campaigns

Treatment System

- Increase capacity and efficacy of opioid use disorder (OUD) counseling and treatment
- Increase treatment access, particularly Medication Assisted Treatment (MAT)



South Dakota's Opioid Road Map

- Developed by the Opioid Advisory Committee
- Framework adapted from the National Governor's Association's *Finding Solutions to the Prescription Opioid and Heroin Crisis: A Road Map for States*
 - Prevention and early identification
 - Treatment and recovery
 - Reducing illicit supply
 - Response to opioid misuse and abuse
- 13 key strategies identified



Guiding Principles

- Leverage all resources in a coordinated, comprehensive approach
- Ensure evidence-based medicine and behavioral health
- Recognize responsible prescribing and monitoring practices
- Equip providers with accurate information for patient care plans
- Increase capacity of communities to prevent/treat prescription opioid abuse
- Promote collaboration of all stakeholders
- Reflect diversity of state through culturally sensitive messaging
- Target illicit supply and demand
- Ensure objectives are well defined



Prevention and Early Identification Strategies

- Develop and update guidelines for opioid prescribers in South Dakota
- Promote and provide education and training for all opioid prescribers on the appropriate prescribing of opioids
 - Partnering with SDSMA on prescriber education on opioids through live trainings, webinars and online resources
- Maximize the use and effectiveness of the South Dakota PDMP
- Raise public awareness about the dangers of prescription opioids
 - Media campaign (tv, radio, web-based, social media, etc.) to increase awareness of risks of prescription opioids
 - Will include key data dashboards
- Improve treatment access via connection to resources and information through call center support



Treatment and Recovery Strategies

- Increase professional competency in OUD treatment and better connect treatment providers, prescribers and recovery support services in complex case management and staffing of OUD cases
- Expand access to MAT across SD through enhanced referral systems and linkages to in-person and virtual MAT clinics
 - RFP for clinical expertise/consultation to develop the clinical framework of MAT in SD as well as hub and spoke model to support medical providers
- Enhance awareness of treatment options and cost assistance available
- Improve treatment retention and recovery through peer and family support services



Reducing Illicit Supply Strategies

- Explore the potential for a comprehensive opioid management program within SD Medicaid
 - Implemented an 85% early refill threshold, MME equivalent limits, etc.
 - Reviewing medical records related to prescriptions for top opioid users and scheduling peer review discussions with prescribers
- Expand drug take-back programs to increase accessibility to safe disposal options for prescription opioids
 - Drug take-back programs operational in Chamberlain and Milbank; working with pharmacies in Madison, Martin, Pierre, Sioux Falls and Webster to establish drug take-back sites
 - Law enforcement-based programs
 - Larger pharmacies (i.e., Walgreens) starting to implement their own programs



Response to Opioid Misuse and Abuse Strategies

- Equip first responders and emergency departments with naloxone to increase statewide access and support distribution in high-need communities
 - As of 12/31/17, 514 individuals (DOC, sheriff/police, EMS, ER, DCI, GFP) have been trained in naloxone use, and 807 doses of naloxone have been provided to these first responders
- Offer training on available treatment options to jails statewide (which are independently operated)



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Next Steps

- Strategy implementation/Monitoring of key data points
- Advisory Committee oversight
 - Will meet at least twice next year
- Ongoing monitoring
 - CDC/SAMHSA grants
 - Efforts in other states
 - President's Commission on Combating Drug Addiction and the Opioid Crisis/Natl. Governors Assn. (NGA)/Assn. of State & Territorial Health Officers (ASTHO)



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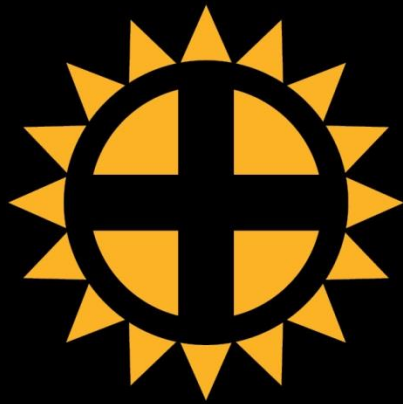
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For More Information...

South Dakota's Statewide Targeted Response to the Opioid Crisis strategic plan available at:

doh.sd.gov/news/Opioid.aspx



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Meth in South Dakota

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Trends in Substance Use Disorder Treatment

- 19% of the state's publicly funded population seeking treatment is for a primary substance use disorder of amphetamines
- 26% clients served with a primary amphetamine use disorder were Native American
- In FY17, primary amphetamine use disorder became the 2nd leading substance of those seeking treatment
 - Had been 3rd behind alcohol and marijuana



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Strategies to Combat Meth

- Prevention Activities
- Treatment and Recovery Strategies





Prevention Activities

“Meth Changes Everything” Prevention Campaign

- Educate high school students and community members on the dangers of methamphetamine use
- Prevention providers presenting videos and information at various high schools and conducting community town hall meetings
 - 203 school presentations; 38 community meetings
 - Over 10,660 participants
- Website and social media campaign
 - Website - www.methchangeseverything.com/
 - 2,551 individuals have take the pledge; 14,667 visits with over 24,820 page views
 - Social media as of Feb. 1, 2018
 - 6,204 Facebook Likes
 - Estimated 1.1 million video views for the high school video
 - Estimated 5,000 video views for the community video



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Prevention Activities

Meth Toolkit for communities

- Designed for communities that want to take action regarding Meth prevention
- Outlines steps to take to prevent meth in communities

Project Stand Up

- Text 'drugs' to anonymously report drug related concerns to law enforcement



Treatment and Recovery Strategies

Substance Use Disorder Services

- 39 accredited providers across SD
- Outpatient treatment, day treatment, detoxification/withdrawal management, residential and inpatient treatment
- Level of treatment depends on severity of use

Intensive Methamphetamine Treatment Services

- Provides long-term treatment to assist individuals 18 and older with severe methamphetamine use disorder whose needs cannot be met with traditional inpatient or outpatient treatment
 - 2 intensive treatment programs
 - Currently reviewing RFP proposals for expansion of intensive meth services
 - Served 152 clients in FY17



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For More Information...

Additional information on services and providers can be found at:

dss.sd.gov/behavioralhealth/community/treatmentservices.aspx

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Questions?

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